

Region 4



Breck Grigas; Hinsdale Central, 4th state all around, 7th Hi-Bar, 6th Rings.

1975 ILLINOIS STATE GYMNASTICS CHAMPIONSHIPS By Skip Ray

A pre-meet press release of the Illinois High School Association offered this; "Conner could take State Gymnastics team title single-handedly." Of course, they are referring to Bart Conner of Niles West High School. That assumption almost came true, but the Hinsdale Central Red Devils were too strong for any one man. Hinsdale rolled up 194 points to 133.5 for Niles West to capture their fifth team title in the last six years. Coach Neil Krupicka is the third coach at Hinsdale to win a team title.

The highlight of the meet, however, was Bart Conner. Bart won or tied for four individual titles. Mr. Conner set a new all-around record of 45.45 for five events, a new record of 9.35 on horizontal bar, and a new record of 9.55 on parallel bars for his third consecutive title on that event.

As a note of interest to those who follow Illinois high school gymnastics, a college team composed of the top individuals and all-arounders would score 214.45 under NCAA scoring. Compare this score to last year's 211.70.

Team Results

1. Hinsdale Central	194.0
2. Niles West	133.5
3. Hersey	125.8
4. Niles East	109.5
5. Oak Park	109.3

All Around

B. Conner (Niles W.)	45.45
K. Muenz (Hersey)	42.85
N. Sher (Niles E.)	42.85
B. Grigas (Hinsdale C.)	41.75
D. Osborn (Oak Park)	41.20
FX: K. Oehlsen (Hersey) 9.05 & B. Conner (Niles W.) 9.05; M. Goodson (Glenbard S.) & S. Economides (Hinsdale C.) 9.00. PH: P. Black (Hinsdale C.) 9.10; B. Conner (Niles W.) 9.00; M. Burke (Niles E.) 8.95. HB: B. Conner (Niles W.) 9.35; N. Sher (Niles E.) 9.10; F. Rasmussen (York) 8.90 & K. Liszewski (Rolling Mead.) 8.90. Tr: K. McGraw (Thornridge) 9.20; S. Pollice (Niles E.) 9.10; B. McFarland (New Trier W.) 9.00. PB: B. Conner (Niles W.) 9.55; N. Sher (Niles E.) 8.90; M. Jebb (Hinsdale C.) 8.80. SR: K. Mango (Willowbrook) 9.25; C. Olson (Glenbrook S.) 9.00; G. Dreher (Reavis) 9.00.	

GYMNAST Aug. '75

M.H.S.A.A. STATE GYMNASTIC CHAMPIONSHIPS FOR BOYS

Trenton H.S.
March 8, 1975

This year's state meet found our high school gymnasts to be of the highest overall quality in the history of prep gymnastics in Michigan. We use qualifying scores for teams and individuals to determine entry into the state meet. The highlight of the competition was the battle for the all-around championship. The difference between the top 3 contenders proved to be only .5 of a point. Results: AA: Steve Lenart (Taylor Truman) 7.27 average; Dennis Rumbaugh (Ann Arbor Pioneer) 6.95 average; Randy All (Trenton) 6.77 average.

The Pioneer team set a state scoring record with 138.00 points for first place. Taylor Truman was second with 126.67 and Trenton placed third with 119.77 for the 6 events and the all-arounders average. A.A. Huron was fourth with 116.42 and the fifth place Alpena team was the only other team besides Pioneer and Truman to boast a state champion individual at the conclusion of the meet.

As you can see only six full teams qualified for the state meet and individuals from only four other schools qualified.

Team Scores	All Around
1. Pioneer	138.00 Steve Lenart (Truman) 36.35
2. Truman	126.67 Dennis Rumbaugh
3. Trenton	119.77 (Pioneer) 34.75
4. Huron	116.42 Randy Allen (Trenton) 33.85
5. Alpena	110.36
Kennedy	100.80

WINNING ROUTINES -

Floor Exercise - Dennis Rumbaugh: round-off, back handspring, double back, back extension handstand, round off, arabian 1 1/4 dive roll, straddle jump, front salto, head spring, prone fall, straddle cut, turn to straddle stand, stiff-stiff, round off, side somie, single leg circle to hand stand, round off, back handspring, full twisting back salto. 8.75.

Horizontal Bar - Dennis Rumbaugh: Stemme, Voronin vault, hop kip, 1/2 undergrip giant, stall reach under vault, hop kip, front giant, pirouette, straddle toe on toe off, blind change, giant full twisting hecht. 8.65.

Pommel Horse - Dorian Deaver: schablenflanke, uphill moore, double swiss, schwabenflanke, back stockli to the saddle, front scissors, scissors hop 1/2 turn, leg cut to reverse scissors, circle, travel down to chaquinian. 7.50.

Parallel Bars - Norm Smit: Cast support straddle cut L seat, stiff-stiff, drop to peach glide, to german peach, front uprise, swing pirouette, cast back uprise, straddle cut, swing handstand, back salto dismount. 8.40.

Still Rings - Ken Donakowski: Dislocate, shoot handstand, forward giant, lower to L cross, to regular cross, to back lever, inlocate, back uprise L seat, hollow back press, giant swinging full twist dismount. 8.80.

Trampoline - Newt Loken: full in, barani out fliffis double back, pike fliffis, full twist, 1/2 in 1/2 out, rudolf, double twist, rudolf, double back 2 1/4 front, rudolf ball out. 8.05.

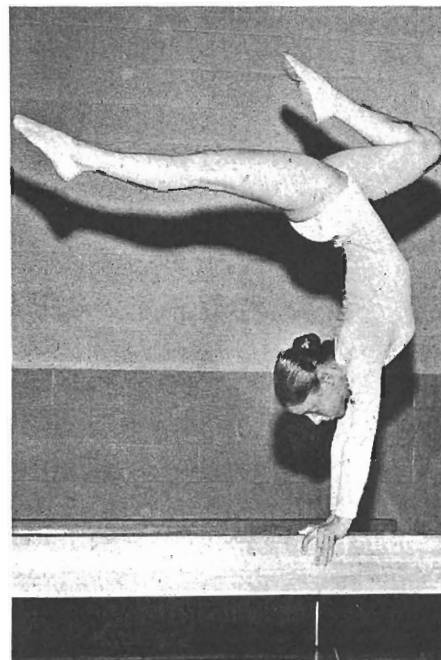
Trampoline - Scott MacKenzie: Barani out fliffis, rudolf, double back, pike 1 1/4 ball out, back salto, double twist, rudolf, double back, barani in fliffis. 8.05.

MICHIGAN STATE GIRLS MEET By Kenneth D. Hoffman

The Troy girls gymnastics team saw its chances of repeating as state champions dashed. The team from Ludington squeezed a narrow victory from the runner-up Groves squad, 132.85-132.12. The Colts managed a respectable sixth place finish.

The state meet attracted more than 250 competitors representing 56 high schools.

Tumbling and trampoline were captured by eventual overall champion Kitty Skillman of Groves. In all, Kitty won or tied for first in five of the six events. The one event which eluded



Marie Cederna, Marquette Michigan.

Kitty didn't wander very far from the Skillman family as sister Sara captured the beam.

The Ludington squad failed to win a single event, but its depth allowed the championship trophy to head west after the meet's conclusion.

Spearheading the Ludington effort was Martha Garrett, who tied for second with Lori Boes in the floor exercise and took a third on the uneven bars enroute to a third place finish in the individual rankings. Melanie Wroble was the only other Ludington girl to break the top four in any event.

The battle for the overall individual championship between Troy's defending kingpin, Lori Boes, and Groves' Kitty Skillman went down to the final event before Kitty emerged number one. Miss Skillman averaged 8.35 in the four Olympic events (beam, bars, vault and floor exercise) to Lori's 8.18 average. Sara Skillman averaged 7.65 for fourth place and Debbie Ojibway from Taylor Kennedy rounded out the top five with a 7.46 average.

Following Ludington and Groves in the team standings were Taylor Kennedy, East Lansing, Wyoming Rogers and Troy.

The defending Champion Troy team suffered a long list of debilitating injuries which negated any chance of repeating.

Team Scores

1. Ludington	132.85
2. Groves	132.12
3. Taylor Kennedy	122.63
4. East Lansing	114.87
5. Wyoming Rogers	114.07
6. Troy	110.37

All Around

Kitty Skillman (Groves)	33.40
Lori Boes (Troy)	32.70
Martha Garrett (Ludington)	31.10
Sara Skillman (Groves)	
Debbie Ojibway (Taylor Kennedy)	29.85
Tr: Kitty Skillman (Groves) 8.07; Kathy Wolven (Rockford) 7.83; Melanie Wroble (Ludington) 7.57.	
Tu: Kitty Skillman (Groves) 8.83; Debbie Ojibway (Taylor Kennedy) 8.57; Lorie Boes (Troy) 8.30. BB: Sara Skillman (Groves) 8.10; Kitty Skillman (Groves) 8.00; Lori Boes (Troy) 7.85. UPB: Lori Boes (Troy) and Kitty Skillman (Groves) 8.05 each; Martha Garrett (Ludington) 7.80. V: Kitty Skillman (Groves) 8.70; Lori Boes (Troy) 8.45; Debbie Ojibway (Taylor Kennedy) 8.35. FX: Kitty Skillman (Groves) 8.65; Lori Boes (Troy) and Martha Garrett (Ludington) 8.35 each.	